

SUN	MON	TUE	WED	THUR	FRI	SAT
<b>ROOM KEY</b> CR - Birches Conference Room BDR - Birches Dining Room BLIB - Birches Library	BL - Birches Lobby BPL - Birches Parking Lot BPR - Birches Pool Room BS - Birches Salon	C and CR - Craft and Chat Room ED - Elms Den ELIB - Elms Library ELR - Elms Living Room	ES - Elms Salon FC - Fitness Center LA - Loring Auditorium WB - West Boylston Room		9:00 AM Beauty Shop (ES) <b>1</b> 9:45 AM Van to Solomon Pond Mall (BL) <b>10:00 AM Audubon Walk (Van Trip)</b> 1:30 PM Ladies Pool (BPR)	<b>12:00 PM BV Met Opera (Van Trip)</b> <b>2</b> <b>7:00 PM Greater Worcester Opera Winter Cabaret Songs of the 60's (LA)</b>
11:00 AM Brunch (BDR) <b>3</b> 2:00 PM Afternoon Games (C and CR) <b>4:00 PM Ballroom Dance Class (LA)</b> <b>6:30 PM Super Bowl Party (LA)</b>	9:10 AM Van to Greendale Y (BL) <b>4</b> 9:30 AM Manicures (BS) 10:15 AM Senior Challenge (FC) 10:30 AM Episcopal worship service (ELIB) 11:15 AM Brains & Balance (FC) <b>2:30 PM Boundless Compassion Workshop (BLIB)</b> 6:30 PM Bridge (ELIB)	10:00 AM Forever Fit w/Sue Colby (LA) <b>5</b> 11:00 AM Mindfulness Meditation Practice (LA) <b>11:30 AM Tai Chi w/ Gary (FC)</b> 1:00 PM Campus Nurse (BS) <b>2:00 PM Fraud &amp; Medicare Program (LA)</b>	9:00 AM Van to Stop&Shop (reserve w/ Judy) (BL) <b>6</b> 10:15 AM Senior Challenge w/ Joe Fish (LA) 11:00 AM Knitwits Etc. Group (C and CR) 11:15 AM Joe's Circuit Workout (FC) <b>11:30 AM Birthdays in the Bistro (WB Room)</b> <b>11:30 AM Lunch: Birches Cafe (WB)</b> 2:00 PM Play Pool! (BPR) 6:30 PM Game Night (C&CR)	8:30 AM Men's Breakfast (BDR) <b>7</b> 9:00 AM Beauty Shop (BS) <b>9:15 AM "Worcester Water" (LA)</b> 10:00 AM Forever Fit w/Sue Colby (LA) 11:00 AM Mindfulness Meditation Practice (LA) 6:30 PM Game Night (C and CR)	9:00 AM Beauty Shop (ES) <b>8</b> 9:45 AM Van to WalMart (BL) <b>10:00 AM Audubon Walk (Van Trip)</b> 1:30 PM Ladies Pool (BPR)	<b>3:15 PM Simone Dinnerstein (Van Trip)</b> <b>9</b> <b>7:00 PM Master Singers of Worcester (Van Trip)</b> 7:00 PM Movies To Think About (LA)
11:00 AM Brunch (BDR) <b>10</b> 2:00 PM Afternoon Games (C and CR) <b>4:00 PM Ballroom Dance Class (LA)</b>	9:10 AM Van to Greendale Y (BL) <b>11</b> 9:30 AM Manicures (BS) 10:15 AM Senior Challenge (FC) 11:15 AM Brains & Balance (FC) <b>2:00 PM Jim Welu (LA)</b> <b>2:30 PM Boundless Compassion Workshop (BLIB)</b> 4:00 PM Poetry Workshop w/ Gene McCarthy (BLIB) 6:30 PM Bridge (ELIB)	9:00 AM Building & Grounds Comm. (Open to all) (CR) <b>12</b> 10:00 AM Coffee Hour (C and CR) 10:00 AM Forever Fit w/Sue Colby (LA) 11:00 AM Communion (ELR) 11:00 AM Mindfulness Meditation Practice (LA) <b>11:30 AM Tai Chi w/ Gary (FC)</b> 1:00 PM Campus Nurse (BS) <b>2:00 PM Trinity Big Band (LA)</b>	9:00 AM Van to Stop&Shop (reserve w/ Judy) (BL) <b>13</b> 10:15 AM Senior Challenge w/ Joe Fish (LA) 11:00 AM Knitwits Etc. Group (C and CR) 11:15 AM Joe's Circuit Workout (FC) <b>11:30 AM Lunch: Birches Cafe (WB)</b> 2:00 PM Play Pool! (BPR) 6:30 PM Game Night (C&CR) 7:00 PM John Nitzsche's Classical Music Video (WB)	9:00 AM Beauty Shop (BS) <b>14</b> 10:00 AM Dining Committee (WB) 10:00 AM Forever Fit w/Sue Colby (LA) 10:30 AM Catholic Mass w/ Fr. Stanley (ELR) 11:00 AM Mindfulness Meditation Practice (LA) <b>2:00 PM Gary Hylander (LA)</b> 2:00 PM Pillowcase Dress Project (C and CR) 6:30 PM Game Night (C and CR)	9:00 AM Beauty Shop (ES) <b>15</b> 9:45 AM Van to Trader Joe's (BL) <b>10:00 AM Audubon Walk (Van Trip)</b> 11:00 AM Libby, The Bookmobile (BPL) 1:00 PM Podiatrist (ED) 1:30 PM Ladies Pool (BPR) <b>7:15 PM Shanghai Opera Symphony Orchestra (Van Trip)</b>	7:00 PM Movies To Think About (LA) <b>16</b>
11:00 AM Brunch (BDR) <b>17</b> 2:00 PM Afternoon Games (C and CR) <b>4:00 PM Ballroom Dance Class (LA)</b>	Presidents' Day <b>18</b> 9:10 AM Van to Greendale Y (BL) 9:30 AM Manicures (BS) 10:15 AM Senior Challenge (FC) 11:15 AM Brains & Balance (FC) <b>12:00 PM Brown Bag Lunch (WB)</b> <b>2:30 PM Boundless Compassion Workshop (BLIB)</b> 6:30 PM Bridge (ELIB)	10:00 AM BRA Representative Council (ELIB) <b>19</b> 10:00 AM Forever Fit w/Sue Colby (LA) 11:00 AM Mindfulness Meditation Practice (LA) <b>11:30 AM Tai Chi w/ Gary (FC)</b> 1:00 PM Campus Nurse (BS) <b>2:00 PM Portrait in Jazz (LA)</b>	9:00 AM Van to Stop&Shop (reserve w/ Judy) (BL) <b>20</b> 10:15 AM Senior Challenge w/ Joe Fish (LA) 11:00 AM Knitwits Etc. Group (C and CR) 11:15 AM Joe's Circuit Workout (FC) <b>11:30 AM Lunch Bunch (Van Trip)</b> <b>11:30 AM Lunch: Birches Cafe (WB)</b> 2:00 PM Play Pool! (BPR) 6:30 PM Game Night (C&CR)	9:00 AM Beauty Shop (BS) <b>21</b> 10:00 AM Forever Fit w/Sue Colby (LA) 11:00 AM Mindfulness Meditation Practice (LA) <b>3:00 PM Town Meeting (LA)</b> 6:30 PM Game Night (C and CR)	9:00 AM Beauty Shop (ES) <b>22</b> <b>10:00 AM Audubon Walk (Van Trip)</b> 1:30 PM Ladies Pool (BPR) <b>7:00 PM BBC Theater Presents Jean Andes (WB Room)</b>	7:00 PM Movies To Think About (LA) <b>23</b>
11:00 AM Brunch (BDR) <b>24</b> 2:00 PM Afternoon Games (C and CR) <b>4:00 PM Ballroom Dance Class (LA)</b>	9:10 AM Van to Greendale Y (BL) <b>25</b> 9:30 AM Manicures (BS) 10:15 AM Senior Challenge (FC) 11:15 AM Brains & Balance (FC) 1:00 PM Ladies' Book Club (BLIB) <b>2:30 PM Boundless Compassion Workshop (BLIB)</b> 4:00 PM Poetry Workshop w/ Gene McCarthy (BLIB) 6:30 PM Bridge (ELIB)	10:00 AM Forever Fit w/Sue Colby (LA) <b>26</b> 11:00 AM Mindfulness Meditation Practice (LA) <b>11:30 AM Tai Chi w/ Gary (FC)</b> 1:00 PM Campus Nurse (BS) <b>2:00 PM Art Matters New York, New York (LA)</b>	9:00 AM Van to Stop&Shop (reserve w/ Judy) (BL) <b>27</b> 10:15 AM Senior Challenge w/ Joe Fish (LA) 11:00 AM Knitwits Etc. Group (C and CR) 11:15 AM Joe's Circuit Workout (FC) <b>11:30 AM Lunch: Birches Cafe (WB)</b> 2:00 PM Play Pool! (BPR) 6:30 PM Game Night (C&CR) 7:00 PM John Nitzsche's Classical Music Video (WB)	9:00 AM Beauty Shop (BS) <b>28</b> 10:00 AM Forever Fit w/Sue Colby (LA) 11:00 AM Mindfulness Meditation Practice (LA) <b>4:00 PM Social Hour (LA)</b> 4:00 PM Social Hour (LA) 6:30 PM Game Night (C and CR)		

# February 2019

For more information call Leslie Reichert 508-852-9007

